

# 10 hard-hitting facts about Schuessler Salts

## Fact #1

Wilhelm Schuessler made up his claims from thin air, they have no scientific basis whatsoever.

## Fact #2

Schuessler salts are incompatible with the fundamentals of physics, chemistry, biochemistry, biology, pharmacy and medicine.

## Fact #3

Schuessler salts are NOT naturopathy!

## Fact #4

Schuessler claimed that diseases were caused by a mineral deficiency in the cells of exactly 26 molecules. He was never able to explain where he got this number from.

## Fact #5

Schuessler was neither able to explain the mechanism of action of his salts, nor how they were supposed to enter the cells. He claimed there to be a „subtile mechnism of action“ that no one has ever been able to prove.

## Fact #6

Schuessler was also never able to explain the assignment of clinical pictures to the individual „salts“. How could he? They are completely arbitrary.

## Fact #7

Heinrich Himmler was a supporter of Schuessler's teachings and carried out human trials at two concentration camps. All the test subjects died.

## Fact #8

Schuessler also invented the „face analysis“. Allegedly, the mineral deficiency should show in the face. Other symptoms are ignored.

## Fact #9

Schuessler salts have never been analysed in a scientific study to date.

## Fact #10

Schuessler was only successful with his nonsense because he favoured application by lay people right from the start.